

Anabasis Mountaineering Club COVID-19 Update

As of July 6th, travel from England to Wales is permitted. Preparations are underway to safely reopen the visitor economy, including self-contained accommodation and outdoor attractions. A decision is due to be made at the next review of the regulations on July 9th. If a change to the law is made it is likely to take effect on July 13th (<http://gov.wales/coronavirus-regulationsguidance>). The Jones' at Garth Farm are happy to allow us to open the Club Hut from this date, providing the following stipulations are adhered to:

1. Anyone who thinks they may have symptoms of COVID-19, have recently met with anyone who has developed symptoms, or have any medical conditions that put them at extreme risk, must not visit.
2. If you developed symptoms whilst at the Hut, leave immediately and inform Club Secretary Mike Morgan (Mobile: +44 7821 391984 or email: anabasismountain@talktalk.net). • Those staying in the hut must accept that there are risks inherent with their stay and no guarantees can be provided that the hut will be a coronavirus-free environment. Requests to stay at the hut denote acceptance of that risk.
3. Only one group/booking allowed in the hut at any one time from up to four households. (This is in line with current Welsh Government guidance). Bookings will be available to paid-up members only and must be made through the Club Secretary. A minimum of 72 hours will be observed between bookings.
4. Member overnight fees will be waived until further notice. The current overnight fee rates will apply to all non-Members. Members' Guests (up to a maximum of 3 per Member): £5.00 per night. Any other people (over and above the Member and 3 Guests) in a member-booked group pay the current rate for external hire, i.e. £8.00 per person per night. Children aged 5 years and under stay for free.
5. Members may make a booking of a maximum of 3 consecutive nights if 2 of those nights are a Friday/Saturday. If none of the nights are a Friday/Saturday, members may book a maximum of 5 nights. No day visits.
6. Members may hold a maximum of one booking at a time and bookings may be made no more than 4 weeks in advance of the first date of proposed stay.
7. Groups booking the hut will be expected to hold the contact details of all those staying at the hut for track and trace purposes. • Hut users must clean the hut and disinfect surfaces (including those in the toilet block), kitchen utensils, cutlery and crockery before the first use at the end of their stay.
8. Hut users are encouraged to use soap to wash their hands (https://www.who.int/gpsc/clean_hands_protection/en/). Soap is proven to be effective against COVID-19 (<https://www.qub.ac.uk/coronavirus/analysis-commentary/how-soapkills-covid-19-virus/>) and is compatible with the digestion system at Garth.
9. For this reason, visitors must not pour disinfectant/detergent down the drain/toilets.
10. Use wipes, kitchen roll and tissues, dispose of these in the bin and remove at end of stay.
11. Whilst efforts will be made to provide the above, we kindly ask visitors to bring their own supplies as a precaution.
12. Hut users may wish to provide additional resources to clean door handles or other hard surfaces on arrival and during their stay as an extra precaution.
13. Hut users must provide their own sleeping bags, pillows, pillowcases, t-towels, dish cloths and hand towels. These must be removed by the user at the end of their stay.
14. Remove all waste upon departure.
15. The shower and toilet facilities at the campsite are off-limits until further notice.

Please note that these guidelines are liable to change in line with changing conditions and relevant regulations. Thank you all for your patience. Stay safe and best wishes.

Dave Appleton, Chair (22.08.20)